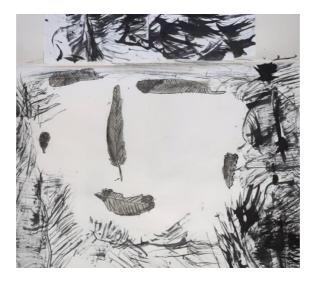


## Prayers for this week

If your child is younger try to say the Hail Mary every day to help your child to learn this prayer.

#### Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.



#### Grace before Meals Prayer

Bless us, O God, as we sit together. Bless the food we eat today. Bless the hands that made the food. Bless us, O God. Amen.

### Grace after Meals Prayer

Thank you, God, for the food we have eaten. Thank you, God, for all our friends. Thank you, God, for everything, Thank you God. Amen.

## Children in KS2 - this is a beautiful prayer to the Holy Spirit. Can you try to say this every day, as this will help you to become closer to God?









# Prayer to the Holy Spirit

O Come, Holy Spirit, fill the hearts of your faithful, and enkindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth. O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of that same Spirit we may be always truly wise and ever rejoice in his consolation.

